

OCTOBER



FIRST



FRIDAY

FRIDAY, OCTOBER 4 / 7:00PM / 1386 EVERHART ST SW

Capitol View & The Afighter4life Project
Present

Rhythm & SOUND

FREE
OUTDOOR
CONCERT

Featuring Okorie "Okcello" Johnson

SATURDAY
OCT 5th

JOIN US AT
6PM

All Drink Proceeds
go to The AF4L
Project

1443 Desoto Ave Sw
Atlanta GA 30310
614-209-1542





African Diaspora Art
Museum of Atlanta

THE NANDO'S
ART COLLECTION

**If You
Look Hard
Enough,
You Can
See Our
Future**

**Closing Art Week
Celebration**



A Day at ADAMA

▼ **OCTOBER 6TH**

**11 - 1 PM: Brunch Catered by Nando's
(ticket required)**

MEDIA SPONSOR: **Butter.ATL**

2 - 3 PM: Art Salon

African Diaspora Art Museum of Atlanta
at Pittsburgh Yards

352 University Ave SW, Atlanta, GA 30310

Nando's

SPIER ARTS TRUST

butter.atl



African Diaspora Art
Museum of Atlanta

PROCUREMENT NO PRESSURE



with Tiffani Neal
Founder, Barlow's Foods

THE DETAILS

Thur. October 10, 2024

3pm-4:30pm ET

Pittsburgh Yards
352 University Ave
Atlanta, Georgia



www.namcatlanta.org

WEDNESDAY

OCT. 16, 2024

8:00 AM - 12:00 PM

Doors open at 7:30 AM

Registration is required.



**Construction
Inclusion Week**

“BUILDING BETTER TOGETHER”

Annual Roundtable Event

PITTSBURGH YARDS

352 University Ave. SW, Atlanta, GA 30310

PRESENTED BY



JEDUNN[®]
CONSTRUCTION

GREATER ATLANTA CHAPTER



NAMC

*NATIONAL ASSOCIATION OF
MINORITY CONTRACTORS*

NAMC CORPORATE SPONSORS





ATL
PARKS &
REC



Trails ATL

Love trails? Want more?

SOUTHEAST ATLANTA

Share Your Input About
the Trails ATL Draft Map

DISTRICT 1 **DISTRICT 5**
DISTRICT 4 **DISTRICT 12**

Trails ATL is a citywide plan for providing access to all ages/all abilities trails to all Atlantans. Join us for our Round 3 public meeting focused on city council districts in Southeast Atlanta. Ask questions and share feedback on the draft network map. Let's stroll and roll to a greener and healthier Atlanta!

VIRTUAL PUBLIC MEETING ON ZOOM

THURSDAY, OCTOBER 17

6:30 - 8:00 PM

www.tinyurl.com/trailsatlround3

or scan the QR code:



Learn more and take the survey at www.trailsatl.com

District 12 presents:

DIAPER DISTRIBUTION DAY

THE
ASQ
FOUNDATION

HELPING
MAMAS[®]



Join Council Member

**Antonio Lewis, Helping Mamas
& The ASQ Foundation**



on **FRIDAY, October 18TH**



at **Arthur Langford Rec Center
1614 Arthur Langford Jr Pl SW,
Atlanta, GA 30315**



from **12pm - 2pm**



for **FREE Diapers & Baby Essentials**

****DRIVE UP ONLY ** WHILE SUPPLIES LAST****



for more info email: Ask@theasqfoundation.org



PITTSBURGH NEIGHBORHOOD CLEANUP

Help us pick up trash in our streets to make our community cleaner and greener!



Saturday (10/19)



At 10:30am



**Intersection of
McDaniel and
University**



Please RSVP to ensure enough supplies are available. Garbage picks, bags, safety vests, and gloves will be provided!

Please spread the word and tell your neighbors and friends!

9 YEAR ANNIVERSARY

FitSquad Studios
1240 Metropolitan Parkway SW
Atlanta, Ga. 30310

October 19th, 2024 - 8am to 10pm
**FREE CLASSES / TOUR de PACC /
SEMINARS / POLE DANCE PERFORMANCE**

We are very grateful for your support throughout the years. We look forward to you celebrating with us.



www.BringYoAzz.com

Sponsor and Vendor Info:
Fitsquadstudios@gmail.com
404.454.1066

NEX!_V!_UP

FREE!

Fit Camp

FitSquad Studios

9th

Anniversary

1240 Metropolitan
Pkwy SW/Atlanta
30310

8 am - 9pm

October 19

FITSQUAD STUDIOS' 9 YR ANNIVERSARY

Intro to Bodyweight Training

October 19th, 2024 →

SATURDAY

8:30am - 9:45am

**Begginers and
Intermediate** →

Be Fit
Be Healthier
Be The Best Version Of You

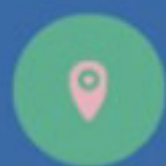
Presented By:



FITSQUAD STUDIOS



404-454-1066



1240 Metropolitan Pkwy SW
Atlanta, GA 30310 (NEXT TO JAMROCK)

FITSQUAD STUDIOS' ANNIVERSARY

PRESENTS:

52 BLOCKS ATL.

SELF-DEFENSE WORKSHOP

SATURDAY

OCTOBER 19, 2024

10:30 AM-1 PM

WHAT YOU WILL LEARN

FIGHTING PRINCIPLES OF 52 BLOCKS ●

WW2 COMBATIVES ●

KUNG FU ●

SITUATIONAL AWARENESS ●

DISTANCE MANAGEMENT ●

ESCAPE ATTACKERS ●

DON'T BE A VICTIM!

LEARN HOW TO
PROTECT YOURSELF
WITH COACH WISE.



<https://tinyurl.com/52BlocksATL>

FITSQUAD STUDIOS
1240 Metropolitan Pkwy SW,
Atlanta, GA 30310



FIT SQUAD
STUDIOS

presents

9:25 FITNESS



LIVE. LAUGH. LOVE. LIFT.

FITSQUAD 9 YEAR ANNIVERSARY!

SATURDAY OCT 19TH @ 12PM



**1240 FITSQUAD STUDIOS
ATLANTA, GA 30310**



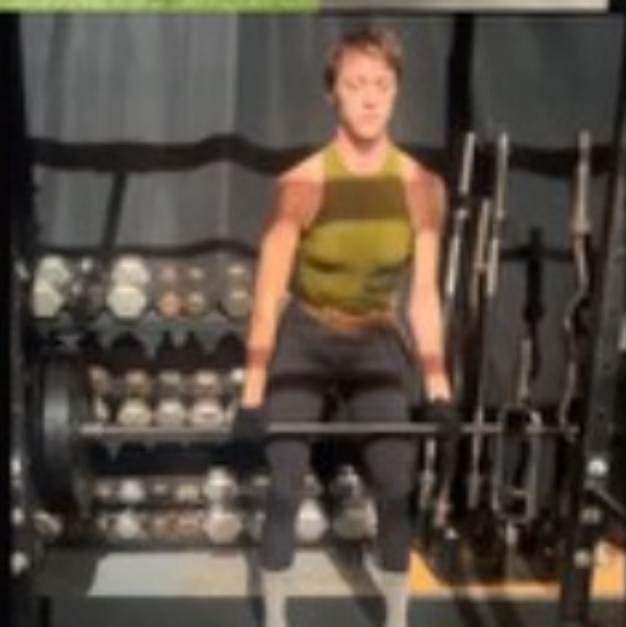
770-912-766



@MRWOODRUFF97



925FITNESS@GMAIL.COM



- **STRENGTH TRAINING**
- **CONDITIONING**
- **MOBILITY**
- **FUN!**



2024 Class Schedule

9.28 @ 7:30p

10.19 @ 2:00p

11.16 @ 7:30p

12.14 @ 7:30p

*Doors open 15 minutes prior**

COACH E

FITSQUAD STUDIOS

POLE DANCE
AMERICA

Presents

1240 Metropolitan Parkway SW.,
Atlanta, GA 30310

October 19, 2024

@5:30pm



Hosted By Moses



FIT 23



THE PITTSBURGH MARKET & DELI



SMART STUDIO



=BRINGYOAZZ



THE FOOD STUDIO AT
PITTSBURGH YARDS

Saturday, October 19, 2024
11AM- 2PM

PINK POWER:

Kemetic Yoga and Plant-Based Lunch for Breast Cancer Awareness





LEVERAGING LOAN LITERACY

with Sonja Jones
Business Accounting Specialist

THE DETAILS

Wed. October 23, 2024

Noon ET

Pittsburgh Yards
352 University Ave
Atlanta, Georgia

or meet us on 